

## FAQs

**Q. How long do the treatments take and are they safe?**

A. Body contouring treatments take approximately 20-60 minutes, depending on the size of the area being treated. These treatments are non-invasive, safe and pain-free! There is no down time associated with the treatments so you are able to resume your regular activities immediately following the treatment.

**Q. How many treatments are required?**

A. The typical regimen is 8-12 treatment sessions, spaced 1-4 weeks apart, depending on the body area.

**Q. What kind of results can I expect?**

A. A typical body contouring treatment can decrease body measurements by 3-6 centimeters (though results may vary from person to person).

**Q. Is the SharpLight body contouring treatment right for me?**

A. SharpLight's treatment is best suited for individuals with stubborn fat pockets that seem resistant to diet and exercise.

**Q. Can the treatment replace diet and exercise?**

A. No. Diet and exercise are part of a healthy lifestyle and are very important in achieving and maintaining the body contour you desire. SharpLight's treatment works hand in hand with your healthy lifestyle.

**Q. Are there any side effects?**

A. You might experience temporary redness in the treatment area which should pass within a few hours.

Visit our website for more information:  
[www.sharplight.com](http://www.sharplight.com)

## Why should you choose body contouring with SharpLight?

- ▶ Multiple technology platform
- ▶ Reduces cellulite and localized fat
- ▶ Tightens loose and sagging skin
- ▶ Highly effective
- ▶ Non-invasive and safe with no down time

## What our Practitioners are Saying:

Dr. Lisa Kellett  
Dermatologist

“ Unlike other devices which have single modality treatment platforms, SharpLight's platforms enables physicians to utilize multiple stacked modalities in one system, and in turn, allowing patients to see faster results in less time. ”



  
**SHARPLIGHT™**  
the beauty of your success

## Body Contouring

### Your life taking shape

**Body contouring using multiple technologies**

SharpLight's body contouring treatment uses two powerful technologies - proprietary VermaDerm™ Infrared and Radio frequency. Combined, they form a synergistic effect that contracts and contours the skin while the RF energy melts unwanted fatty deposits in a non-invasive, fast and pain-free method.

## No knife, no pain, no fat!

If you diet and exercise but still can't get rid of certain fat deposits, SharpLight's treatment is the perfect solution for you. In a completely non-invasive, painless and quick treatment, you can target those stubborn fat pockets and achieve the circumferential reduction you desire.

Due to their effectiveness, non-surgical body contouring treatments are rapidly growing in popularity. In North America alone, 190,000 procedures were performed this year.

## How does body contouring work?

SharpLight's treatment combines two highly effective technologies - VermaDerm™, a proprietary technology based on Infrared and Radio frequency.

Each technology is different, but the common denominator of the wavelengths is that they target water and heat up the fat cells collected beneath the skin. The heat causes the fat cells to significantly shrink in size. The released fat is then naturally cleared by the body's natural mechanisms. Simultaneously, the heat also causes the skin to tighten. So at the end of the treatment you will enjoy tighter, firmer, and more youthful looking skin.

## Seeing is Believing



## What our Patients are Saying:

“I was always self-conscious of my thighs due to my cellulite. But after getting the body contouring treatment, it helped to diminish the cellulite and tighten my skin. I can now wear short shorts and show off my legs! ”

Jessica Klint - SharpLight Patient

“Ever since my pregnancy, my stomach has never looked like it used to. SharpLight's body contouring treatment helped me to flatten my stomach and tighten up my love handles. Now I look better than I used to. ”

Julia Reisman - SharpLight Patient



70%  
of women worry  
about developing a  
tummy bulge

91%  
of women are  
unhappy with their  
bodies

Male body image concerns have dramatically increased over the past three decades from 15% to 43% of men being dissatisfied with their bodies